



School-wide Activities - exercise

Examples of practical initiatives to embed PEMRA and SWPBS

School Domain	Existing SWPBS Practice	PERMA Opportunity	Who Owns It?
Assemblies	Behaviour recognition	Add gratitude or strength-sharing	Student leaders
Staff Meetings	Agenda review	Start with a “what went well”	Principal/Well-being lead
Playground Supervision	Behaviour reminders	Embed peer recognition (kindness cards)	Duty staff
Curriculum	Literacy lessons	Add “meaning and reflection” components	Classroom teachers
Communication	Newsletter	PERMA spotlight stories	Admin/students



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Group activity - come up with your own strategy for incorporating SWPBS

PERMA Element	
SWPBS Activity	
How (language, frequency, identify stakeholders etc)	
Stakeholders enagement	
Reflection Data	